



Government of the Republic of Trinidad and Tobago
Ministry of Education

MEDIA RELEASE

January 09th, 2026

Dear Editor/ Head of Department

Clarification on the Status of the Employee Assistance Programme (EAP)

The Ministry of Education advises that it is actively addressing the provision of Employee Assistance Programme (EAP) services to ensure employees have access to effective, efficient and sustainable psychosocial support.

The MoE confirms that funding for the EAP was allocated from the Fiscal 2026 Budget. At this time, no user fees have been introduced for Ministry supported EAP counselling services and employees are not required to pay any fee, including \$450.00 per counselling session, to access Ministry-provided support.

Any counselling services independently arranged by individuals outside of Ministry-approved mechanisms fall outside the scope of the EAP and should not be interpreted as a replacement for employer-supported services.

The Ministry of Education recognises that mental health and psychosocial support are critical to employee wellbeing, workforce resilience and the effective delivery of education services nationwide. The Ministry remains fully committed to ensuring that appropriate support mechanisms are in place for all employees and will provide further updates once arrangements are finalised.

END

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