MINISTRY OF EDUCATION STEPS PROGRAMME PORTFOLIO

APRIL 2023-JULY 2023.

JORDAN HILL PRESBYTERIAN SCHOOL

STANDARD FIVE DEPARTMENT

PHYSICAL EDUCATION

WARM UP ACTIVITIES

Space Awareness



Butt Kicks



Knee Raises



Planks





COOL DOWN EXERCISES

Running











Skipping

GAMES

Cricket







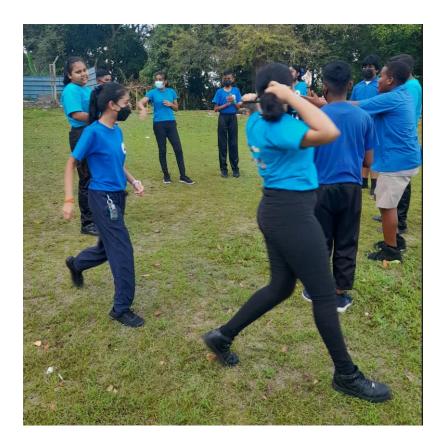


Duck Duck Goose

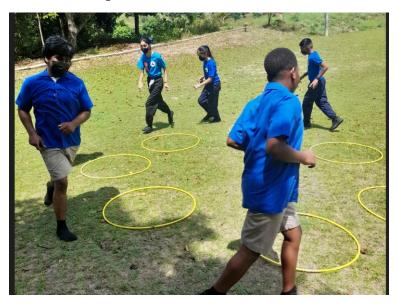


Farmer in the den





Musical Hoops







AGRICULTURAL SCIENCE

















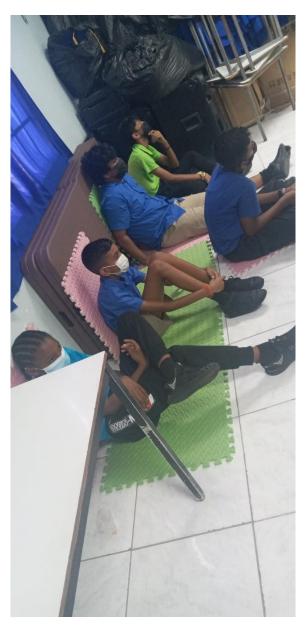
SOCIAL STUDIES

Know Your Country









Knolley's Tunnel





The Emperor Valley Zoo









V.C.C.E.























INTEGRATED ARTS









