

Siparia Road Presbyterian School



Post SEA 2023 E-Portfolio
Submitted by Ms. Kimberly A. Samuel
Standard 5 Class Teacher

Introduction

- This portfolio is a record of the implementation of the Post SEA Programme (S.T.E.P.S. 2023) at the Siparia Road Presbyterian School targeted towards the Standard 5 students transitioning from Primary to Secondary.
- This portfolio is a picture and reflection journal depicting:
 - ❖ The enhancement of students' life skills
 - ❖ The strengthening of students' basic learning across the curriculum and
 - ❖ The strengthening of students' foundation for the next academic level.

Table of Contents

• Maths	4
• Agricultural Science	6
• Life Skills	9
• E.L.A.	13
• Physical Education	15
• Spanish	18
• Social Studies	20
• ICT	21
• V.A.P.A.	22
• Virtual Camp	25

Maths

- Rote Counting- [Mathsisfun.com](https://www.mathsisfun.com)
- Tally Charts- Students conducted a school survey on genres of music liked by students using a tally chart to record information
- Bar Graphs- Students constructed a bar graph using the data collected
- Revision of Operations- [Quizizz.com](https://www.quizizz.com)

Reflections on Mathematics

- I accomplished tutoring Mathematics to struggling students in Standard 4. We reviewed the basic operations and conducted a survey on the music liked by students in our school. We used the information collected to draw a bar graph. I had difficulty in drawing the bars with even spacing between them. Mathematics is important to me in my future job because I can use this knowledge to become a Mathematics Teacher. I use Mathematics everyday and I think I do very well in Mathematics since I get all my work correct most times.

• - **Mickaeel Austin**- Student

Agricultural Science

- Understand what do plants need in order to grow
- Identify the steps involved in planting a seed
- Identify the steps involved in planting a seedling
- Caring for a seedling
- Reaping produce

Agri- Science Pictures



Reflections on Agri-Science

- In Agri-Science I planted various crops such as lettuce, spinach and corn. This skill is important for our future food security. I can use this knowledge for growing my own food and as a business. I can use the skills I learned if I want to become a farmer.

-Mickaeel Austin- Student

- In Agri-Science I learnt about some different species of plants and how they grow. I can use my Agri-Science skills to become a farmer. I can also learn to cook or sell the things I grow. I think I did an amazing job since my plants grew up healthy. I think I still have to learn how to plant and care for different types of plants.

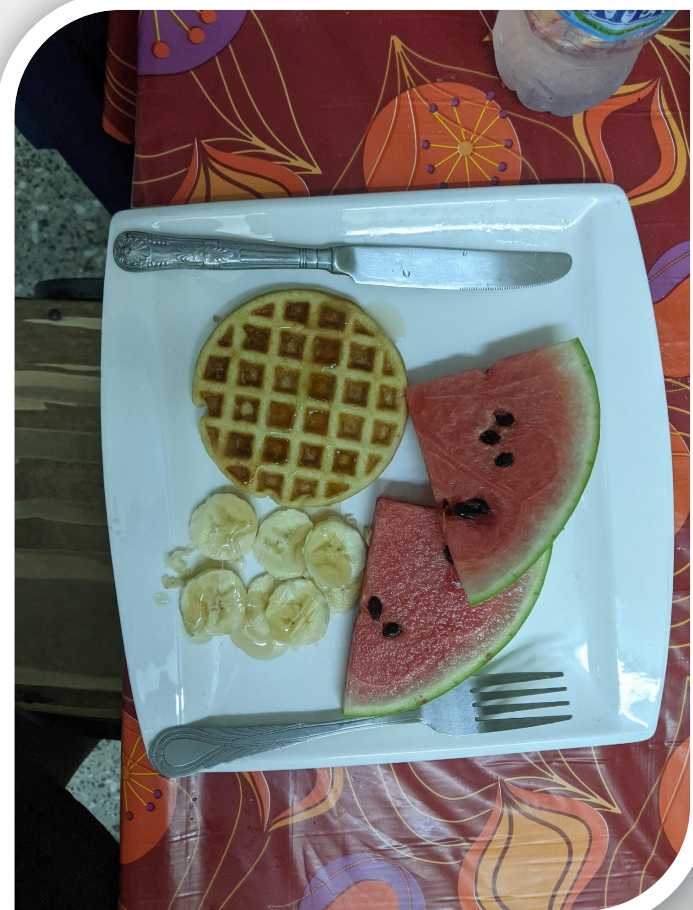
• **Natalya Barnard-** Student



Life Skills

- Sewing a button
- Basic stitching
- Making Waffles
- Basic Etiquette
- Personal Hygiene
- Money Management

Life Skills Pictures



Reflections on Life Skills

- Our waffle making experience was a fun idea. It was a great learning experience. I learned how to crack an egg, measure ingredients and of course, make waffles. The most important thing I learned was to mix dry ingredients separately from the wet ingredients because if you want everything to be evenly mixed, it's best to do that and the flour wouldn't form too much gluten in the process.
- Now you're maybe wondering where I can use this knowledge again. Well it's simple, you can use it to make breakfast for your family or open your own waffle house. Everyone did very well but in my opinion I think that I did amazing. Each person had a few flaws in their making of the waffles but we learnt from our mistakes. No one mentioned it but I think it should have cooked a little longer to come out crispier.

• - Italia Aguilera- Student

Reflections on Life Skills

- In this activity I learned the basics of how to use a needle and thread. The techniques I learned were the running stitch, the reverse stitch and the blanket stitch. I can use these skills to mend clothes quickly. My personal favourite stitch is the blanket stitch. I was able to make a bean bag using the blanket stitch. In the future I can use this skill to help the homeless by making clothes for them. I truly enjoyed these lessons. It was exciting to learn and created my new hobby.

• **-Lyria Garrick-** Student

- Within the hours of completing the waffle making project, I have accomplished one of my many goals in life. The goal of learning a very satisfying and new skill. I now know how to prepare a meal for my family. I can use the recipe and technique I learned to make a delicious and mouth-watering breakfast on mornings. As an outstanding student, there was no surprise that I completed this assignment unmatched and to the best of my abilities. The only thing that I would have done differently was to add a little more sugar to the mixture since I would have liked it to be sweeter. I can use this knowledge as a stepping stone to become a five-star chef in the future like Gordon Ramsey.

• **Macquesha Phillin-** Student



E.L.A

- Spelling
- Punctuation
- Grammar
- Vocabulary
- Reading Skills
- Reading Comprehension
- Poetry

Reflections on E.L.A.

- In E.L.A. I was able to improve my understanding of fundamental reading skills like fluency and vocabulary. Learning E.L.A. is important because it can help you with conversations, discussions and enhance your skills in comprehension. I have also become more confident in read alouds.

• **Italia Aguilera**- Student

Physical Education

- What is exercise and why is it important to have regular exercise?
- Why is food choice important and how might it affect one's health / lifestyle?
- How are healthy food choices linked to exercise in obtaining a healthy lifestyle?
- Learn to throw, catch and bat a ball while playing cricket.
- Learn ball control while playing football

Physical Education Pictures



Reflections on Physical Education

- In cricket I learnt how to hold a bat properly. I also learnt the underhand and overhead throw. I can use these skills for fun and for cricket competitions in school. If I develop these skills in the future I can become a famous and professional cricketer. I think I did well and had fun learning these skills. I look forward to playing an actual cricket match.
 - - **Natalya Barnard**- Student
- The Standard five class attended football practice together with the school. We learned as a class to dribble the ball between a number of cones, to make a firm pass and to keep in our position. Football is an important sport. We also learned that you have to pay close attention. The moment you get distracted, you can lose the ball and the opposition team can easily score a goal against you. As a football player, I helped some of the younger students learn the way of the sport. I taught children control their breathing and their technique. Lastly, we learned that football is a team sport and if you don't work as a team, the chances of winning can be small.
 - **Sean Bobb**- Student

Spanish

- Duolingo App
- Spanish Songs-E.g. “Head, shoulders, knees and toes”

Reflections on Spanish

- Learning Spanish helped me to further progress in understanding the language as a whole. There were lots of new things I learned this term. It was a challenge at first but the help of my teacher, I was able to complete all of the lessons without many errors. These lessons are important to me so I can communicate with persons who speak this language. As an attentive learner, I was easily able to follow along the app. Overall, this was a splendid and fun way to learn.

• **Lyria Garrick-** Student



Social Studies

- Map Work
- Virtual Tours in Trinidad



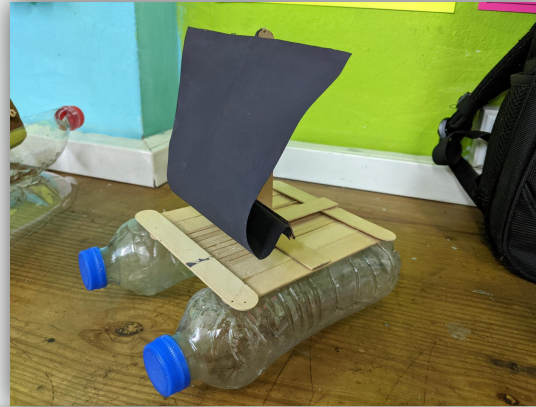
ICT

- Introduction to ICT
- Parts of a Computer
- Hardware
- Software
- Using a Keyboard
- Creating a Word Document
- Creating a Power Point

V.A.P.A.

- Drawing a leaf
- Painting a garden scenery
- Making a model boat with recycled water bottles
- Practice singing the graduation theme song.

V.A.P.A. Pictures



V.A.P.A. Reflections

- Out of all my phenomenal achievements in the world, the one that I am most delighted about at the moment is of course the accomplishment of learning how to do something that I've always loved to do since a young age. That thing is Art, which I have learned throughout this remarkable school term. I have also learned is how art positively impacts your mental health.. Now, after successfully completing these exciting assignments, I will use all these skills I have learned like shading, mixing paints and drawing to help me express myself creatively in many ways. Being the attentive and fast learner that I am today, I completed all of my art assignments unrivalled and above all expectations. The only thing that I wish I would have done differently was to blend my colours a little more for the painting assignment. After receiving the wonderful and new knowledge that I now possess, I strive to use it in my future career to become one of this world's most famous fashion designer like one of my many idols.

• -Macquesha Phillip- Student

Virtual Camp

- The students participated as a class on Tuesdays and Thursdays at 10 AM



Reflections submitted by:

- Italia Aguilera
- Sean Bobb
- Macquesha Phillip
- Lyria Garrick
- Mikaeel Austin
- Natalya Barnard

Students who participated

- Italia Aguilera
- Sean Bobb
- Macquesha Phillip
- Lyria Garrick
- Mikaeel Austin
- Natalya Barnard
- Darius Blackman
- Ashley Jaglalsingh
- Alisha Maharaj
- Josiah John